

## 2012 Centennial Youth Lacrosse INFORMATION PACKET

The Centennial Youth Lacrosse Association (CYLA) promotes the development and growth of the sport of lacrosse and provides boys and girls participating in the youth lacrosse program with knowledge of the rules and skills of lacrosse, the qualities of sportsmanship, teamwork and teaches respect for coaches, officials and players. CYLA will be accepting registrations from boys and girls that reside within the boundaries of ISD#12

**Registration will be in-person only at the Lino Lakes City Hall Community Room on  
Thursday, January 26<sup>th</sup> from 7-9pm and Monday, January 30<sup>th</sup> from 7-9pm.**

(An additional Summer League only Registration will be held at a later date)

**Spring Outdoor and/or Summer Leagues for Boys grades 3/4, 5/6, 7/8**

**Spring Outdoor and/or Summer Leagues for Girls grades 5/6, 7/8**

**Summer League for Girls grades 3-4**

*(The Spring season will run Early March thru to the end of May... Further details on Page 2)*

*(The Summer season will run end of May thru to the beginning of August... Further details on Page 2)*

### \*\*\*\*\*In-Person Registration Highlights\*\*\*\*\*

- ❖ **New this year** \*Optional split registration for Spring and/or Summer Leagues... Allowing more flexibility to do multi-sports or to try it out.
- ❖ **Receive a Special Edition CYLA hooded sweatshirt if you refer or bring a NEW PLAYER to register!!**  
*(can not be a family member)*
- ❖ Mike Hudzinski, Head Coach of the CHS Boys Lacrosse team, will give a brief presentation at the start of each session
- ❖ Dave's Sport Shop equipment table
- ❖ Centennial Lacrosse apparel
- ❖ Board members available to answer questions

**YLM player Boundary Rules:** All associations within the YLM shall limit their enrollment to those players who reside within their community's public high school attendance area as defined by local school district maps (defined as: Residing Community). **\*Note: Forest Lake Youth Lacrosse is holding registrations for 2012.**

**Exceptions are:** 1) A player who has open enrolled to a public school located outside the residing community, or who will be attending a private school outside of their residing community, may register with the association in that school community. 2) A player who does not have a YLM association within their public high school attendance area, must register with the nearest neighboring YLM association, but may not displace a player from that residing community .

**Waivers:** Any player who does not meet the above exceptions, but is seeking to register with a YLM team outside their residing community, must obtain a YLM waiver prior to registration. Waivers will be granted in only special circumstances. Waivers must be submitted on a YLM Waiver form. Waiver will be reviewed, and approved or denied by the YLM Vice President of Operations.

**New 2011: Boundary Waivers-All players who want to play outside their public high school attendance area will be required to turn in waiver forms. In addition, no more than 20% of a team can be made up of players outside the attendance area.**

## Spring League (Boys – MBSLA\* / Girls – MSSLAX\*\*)

- **7/8 Boys Teams**
  - Clinic and Practices start late February - Dates To Be Determined (TBD)
  - Game League starts April 21-22
  - 10 games played on 5 weekend double-headers (Saturday or Sunday)
  - NOTE: One of the weekend double-headers will be hosted by CYLA
- **3/4 & 5/6 Boys Teams**
  - Clinic and Practices start late February - Dates To Be Determined (TBD)
  - Game League starts April 29
  - 8 games played on 4 weekend double-headers (Sundays only)
  - NOTE: One of the weekend double-headers will be hosted by CYLA

\*For more information visit <http://www.mnlaxhub.com/page/show/67384-mn-boys-scholastic>

- **5/6 & 7/8 Girls Teams**
  - Clinic and Practices start late February - Dates To Be Determined (TBD)
  - Game League April 9 thru May 25
  - End of Season Spring Tournament May 19

\*\*For more information visit <http://www.msslax.com>

## Summer League (Boys – YLM\* and Girls – MSSLAX\*\*)

- **7/8 Boys Teams**
  - Practices start end of May- Dates (TBD)
  - League Games starts Mid-June
  - District Tournament Last week of July
  - State Championships, August 4<sup>th</sup> & 5<sup>th</sup>
- **3/4 & 5/6 Boys Teams**
  - Practices start end of May- Dates (TBD)
  - League Games starts Mid-June
  - District Tournament Last week of July (No Districts or State for 3/4)
  - State Championships, August 4<sup>th</sup> & 5<sup>th</sup>

\*For more information visit <http://www.youthlaxmn.org>

- **Girls Teams all ages**
  - Practices start end of May- Dates (TBD)
  - League Games starts June 11 (3/4 games begin in July)
  - End of Season 5/6 and 7/8 Tournament July 22 or 28th

\*\*For more information visit <http://www.msslax.com>

## Practices

- Indoor clinics will be held in March, Times and Location TBD. These clinics will be run by the Centennial High School staff and players. All registered players are encouraged to attend (boys & girls).
- Additional indoor practice time will be added at the end of March or early April.
- Outdoor practices will start as the weather allows and will usually be held at fields located behind Centennial High School and Centennial Middle School.
- Outdoor practices times and locations TBD.

## Tryouts: Boys and Girls

- The 3<sup>rd</sup>/4<sup>th</sup> grade teams will be evaluated by coaches to form teams with equal ability for spring and summer.
- No decisions have been made regarding A and B levels for the 5/6<sup>th</sup> grade teams. Coaches and non-parent evaluators will form A and B teams at this level **IF** it is determined by the board to split them into A and B teams.
- Coaches and non-parent evaluators will form A and B teams at the 7/8<sup>th</sup> grade level to split them into A and B teams.

## Equipment

Several locations throughout the area offer Lacrosse Equipment: Athletic Outfitters, Letterman's, Dave's Sporting Goods, Sports Authority, Play-It-Again Sports, etc. CYLA website offers an Equipment Swap Page to post used equipment for sale or wanted. Link: <http://www.centenniallax.com/equipment/equipment.asp>

- **Girls:** Approved goggles, mouth guard, Girl's lacrosse stick, running shoes for indoor practice. Cleats are recommended but not required for outdoor practice. **Reusable** Team jerseys and shorts purchased during registration. **Uniforms and Numbers will be used year after year, replacements will be available for purchase if/when needed.**
- **Boys:** Approved helmet, shoulder/chest pads, elbow pads, protective cup, mouth guard, Boy's lacrosse stick, running shoes for indoor practice. Cleats are recommended but not required for outdoor practice. **Reusable** Team jerseys and shorts purchased during registration. **Uniforms and Numbers will be used year after year, replacements will be available for purchase if/when needed.**

## League Fees: Boys and Girls

Spring Season	\$135	<i>(There currently is not a Girls ¾ Spring League)</i>
Summer Season	\$135	
Uniform Fee	\$ 65	

*(Uniforms for all levels will be re-usable year after year. Replacement Jerseys/Shorts will be available for purchase if necessary)*

OR

Bundled: Spring & Summer Seasons incl. Uniform \$ 300 **\$35 SAVINGS!**

## Possible Team Assessments

- Additional Tournaments and team building activities: as determined by the Coach
- Additional Referee costs for non-league scheduled scrimmages or games: as determined by the Coach
- Additional Turf costs: There is the possibility that the association may incur increased turf costs. This information is not available to us at this time. Should those costs increase, the total amount will be distributed to each CYLA team.
- Non-Parent Coach Subsidy: In the past, the association has had difficulty getting volunteer parent coaches. If the association is unable to fill a coaching position with a volunteer parent, there will be a need to "hire" a non-parent coach. Any team that has a non-parent coach will be assessed additional money to cover this fee.

## Volunteer Hours and Fee

CYLA will require a volunteer fee of \$200 or 4 volunteer hours per season (8 total hrs for players registered in both Spring & Summer Leagues) to be completed during the lacrosse season. The amount of volunteer hours may increase or decrease depending on the need. **A \$200 deposit will be required at the time of registration along with the volunteer form.** Please refer to CYLA Volunteer Form (Attachment C) for more information.

**IMPORTANT NOTE:** We are in need of Coaches and Assistant Coaches. If you are interested in coaching to satisfy your volunteer hours, please contact the Boy's Director [boys\\_director@centennialax.com](mailto:boys_director@centennialax.com) or Girl's Director [girls\\_director@centennialax.com](mailto:girls_director@centennialax.com) for information. No experience necessary, training provided and paid for by CYLA:

- US Lacrosse Level 1 Coaching Clinic on Saturday, February 18, 11:00 AM at Xcel.  
Details <http://www.mnlaxhub.com/event/show/27221992>

## US Lacrosse Registration

ALL players must have a current and updated USL# at the time the player is registered. If the player's number expires some time during this season, they still must renew prior to January 26<sup>th</sup> or January 30<sup>th</sup>, 2012. ALL players must show proof (a printed copy of confirmation from USL) of renewed lacrosse number and expiration date at registration. Any player that does not present proof of renewed USL registration will not be considered registered with CYLA.

\*To register or renew visit: [https://secure.uslacrosse.org/default.cfm?fuse\\_action=NewMem](https://secure.uslacrosse.org/default.cfm?fuse_action=NewMem)

## The Parental Code of Conduct Policy

Will be available at registration for ALL parents of players to read. When a parent signs the registration form, they are also signing that they and any other parent or guardian of the player agree to the terms of the Parental Code of Conduct. See Attachment A

### \*\*\*\*Dates to remember\*\*\*\*

January 26<sup>th</sup>- registration

January 30<sup>th</sup> -registration

Feb 24<sup>th</sup>-March 18<sup>th</sup> – ALL ages Lacrosse Clinic (Hosted by CHS)

Beginning of April- indoor practices begin

April 21<sup>st</sup>/22<sup>nd</sup> -Spring games start for 7/8<sup>th</sup> Boys

April 29<sup>th</sup> – Spring games start for 3/4<sup>th</sup> & 5/6<sup>th</sup> Boys

April 9<sup>th</sup> –Spring games start for 5/6<sup>th</sup> & 7/8<sup>th</sup> Girls

Mid June -Summer games start for Girls & Boys all ages.

July 23<sup>rd</sup>-29<sup>th</sup> Boys District Playoffs

Aug 4<sup>th</sup> & 5<sup>th</sup> – Boys State Championships (End of season)

All information is available on the Centennial Youth Lacrosse Association website

[www.centennialax.com](http://www.centennialax.com)

Questions related to registration can be directed to  
Kim Brouillet  
Membership Director  
[membership\\_director@centennialax.com](mailto:membership_director@centennialax.com)  
651-269-5652

## Centennial Youth Lacrosse Association Parental Code of Conduct Policy

Centennial Youth Lacrosse Association (hereafter referred to as CYLA), is committed to promoting an environment that fosters a superior level of sportsmanship in the participation of athletic events.

The following policy applies to all participants in CYLA athletic activities, including parents, guardians, and spectators and is intended to provide a safe and enjoyable environment for all participants.

Players, coaches, officials, parents and spectators are to conduct themselves in a manner that “Honors the Game” and demonstrates respect to other players, coaches, officials, parents and fans. In becoming a member of the lacrosse community, an individual assumes certain obligations and responsibilities to the game of lacrosse and its participants. The essential elements in the “Code of Conduct” are honesty and integrity. Those who conduct themselves in a manner that reflects these elements will bring credit to the sport of lacrosse, themselves, their team and their organization. It is only through such conduct that our sport can continue to earn and maintain a positive image and make its full contribution to amateur sports in the United States and around the world.

1. As a representative of CYLA every coach, parent and athlete must at all times set examples of good sportsmanship.

2. Unsportsmanlike, abusive or violent conduct will not be tolerated at any CYLA event or activities. Unsportsmanlike conduct includes but is not limited to the following:

- a. Arguing with coaches, officials, teammates, opponents or spectators
- b. Using threatening or profane language
- c. Baiting or taunting coaches, officials, teammates, opponents or spectators
- d. Unsafe play
- e. Uncontrolled behavior in the bench area

3. It is a privilege to participate in athletic activities sponsored by CYLA. Players, parents, and spectators who do not conduct themselves appropriately will be subject to discipline by the Board, coaches and/or referees. Discipline may include permanently barring the parent/guardian and/or their player(s) from any and all CYLA athletic activities when it is in the judgment of the Board that such action is required.

- a. In most cases, disciplinary action will be progressive and can include:
  - i. A verbal warning;
  - ii. A written warning;
  - iii. Suspension from one or more CYLA activities;
  - iv. Permanent bar of parent/guardian and/or their player(s) from all CYLA athletic activities.

b. The type of disciplinary action imposed is at the discretion of the Board and nothing in this policy is intended to guarantee that the Board must or shall follow all disciplinary steps prior to suspending or barring any parent/guardian and/or their player(s) with or without notice. If progressive discipline is pursued, steps 3.a.i through 3.a.iii may all take place in the same game/event, if warranted.

4. Any parent/guardian, player, or spectator permanently barred from participation in CYLA athletic events due to their failure to adhere to the highest standards of sportsmanship may not reapply for reinstatement for two years

ATTACHMENT C

**2012 CENTENNIAL YOUTH LACROSSE ASSOC. PLAYER REGISTRATION**

LAST NAME: \_\_\_\_\_ GENDER: M F CURRENT GRADE: \_\_\_\_\_

FIRST NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

PARENT'S NAMES: \_\_\_\_\_

HOME PHONE #'s: \_\_\_\_\_ CELL #'s: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL(s): \_\_\_\_\_ SCHOOL: \_\_\_\_\_

Are you new to CYLA? Yes or No If so, who referred you? \_\_\_\_\_

**LEAGUE FEES:** MAKE CHECKS PAYABLE TO: CYLA

**BOYS & GIRLS Teams 3/4, 5/6, 7/8**

\_\_\_\_\_ **Spring Season \$135** *(There currently is not a Girls 3/4 Spring League)*

\_\_\_\_\_ **Summer Season \$135**

\_\_\_\_\_ **Uniform Fee \$65**

*(Uniforms for all levels will be re-usable year after year. Replacement Jerseys/Shorts will be available for purchase if necessary)*

OR

\_\_\_\_\_ **Bundled: Spring & Summer Seasons incl. Uniform \$300**

**PARENT/GUARDIAN AGREEMENT**

I, the parent/guardian of the registrant, a minor, agree that I and the registrant will abide by the rules of the CYLA, MYLA, YLM and US Lacrosse. Recognizing the possibility of physical injury associated with lacrosse, I hereby release, discharge and/or otherwise indemnify the CYLA, its affiliate associations, youth associations, event hosts including any arenas, public and private fields, including CMS and CHS, and all associated personnel, against any claim by or on behalf of the registrant as a result of the registrant's participation in the league. As the parent or legal guardian of a participant, I hereby give my consent for emergency medical care by a duly licensed Doctor of Medicine or Doctor of Dentistry. This care may be given under whatever condition are necessary to preserve the life, limb or well being of my dependent..

Code of Conduct: I, the parent/guardian have read and agree to the terms of the CYLA Parental Code of Conduct Policy. By signing below, I acknowledge that if I violate this policy I will accept the consequences described.

DATE: \_\_\_/\_\_\_/\_\_\_ PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_

PARTICIPANT'S SPECIAL MEDICAL CONDITIONS: \_\_\_\_\_

ADMIN. USE ONLY:

Check # \_\_\_\_\_ Amt \$ \_\_\_\_\_ Volunteer form and Check Y / N USL form Y / N

ATTACHMENT C

One form per family - Must accompany player registration form to be registered Check # \_\_\_\_\_

CYLA VOLUNTEER FORM

The Centennial Youth Lacrosse Association (CYLA) is a volunteer-run organization, including all Board members, coaches, and coordinators. Volunteers are essential to developing and maintaining a quality youth lacrosse association.

Each family is required to volunteer 4 hours for the Spring Season and 4 hours for the Summer Season collectively. It is your responsibility to fulfill and manage your volunteer hours.

A \$200 volunteer deposit per family is required at registration.

A separate check payable to CYLA, for the \$200 volunteer fee is mandatory at the time of registration. This check is a deposit and will not be cashed. After ALL hours have been completed, the check will be shredded. If a family has not completed the 4 or 8 volunteer hours by July 31st, the full deposit will be forfeited and the check will be cashed.

Volunteer opportunities will be available starting in January with registration and will end in July at the end of the lacrosse season. Opportunities will be posted on the Volunteer page of the CYLA website and/or through Board Members. A contact person will be listed with each opportunity. Opportunities include, but are not limited to: Coach, Asst. Coach, Team Manager, Boys and Girls High School game concessions, Registration, Picture Day, and hosted Play-Day /Tournament duties (ie: set-up, take-down, registration tables, clock, scorekeeper, concessions, etc)

- Timekeeper and scorekeeper volunteers for regular season games/ scrimmages Do Not satisfy the volunteer hour requirement. These tasks are considered team related activities and each family is obligated to assist the Team manager in performing these tasks.
• To receive credit for your hours, you must have completed the online volunteer registration form and use your PIN number to sign up for volunteer events.
• It is your responsibility to review your Family Status report accessed via the Volunteer web site to manage your hours.
• A CYLA Board Member along with Volunteer coordinators will verify all volunteer hours completed for each activity or position (ex: coach, assistant coach, manager, concessions, etc.)
• If a member is working volunteer hours at an activity such as concessions, a Jamboree, etc., the CYLA Volunteer Coordinator will have a sign in sheet. Volunteers will need to check in and sign their name in order to verify completion of volunteer hours.
• Each member is responsible to check in with the designated CYLA Volunteer Coordinator, so volunteer time is credited to the appropriate member.

\*\*PLEASE NOTE: The completion of the mandated CYLA volunteer hours is the sole responsibility of each family and NOT the CYLA Board. CYLA will not be sending periodic notification of volunteer hours completed throughout the season.

Parent/Guardian: \_\_\_\_\_ Home#: ( ) \_\_\_\_\_
Emails: \_\_\_\_\_ Cell#: ( ) \_\_\_\_\_
Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Player: \_\_\_\_\_ Grade: \_\_\_\_\_
Player: \_\_\_\_\_ Grade: \_\_\_\_\_
Player: \_\_\_\_\_ Grade: \_\_\_\_\_

I understand and agree to abide by the 2012 CYLA Volunteer Policy - signature required:

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\$200 Volunteer deposit per family required at registration
4 volunteer hours per season (8 collectively) is required per family